



Club Horizon

A MONARCH PROGRAM

Monday-Friday 8:30 a.m. - 4:30 p.m.
319 Chapanoke Road, Suite 108
Raleigh, NC 27603
Phone: (919) 266-2202
Fax: (919) 266-2210

For appointments, referrals or for more information, please call (919) 266-2202

www.MonarchNC.org/club-horizon



"I've grown so much being at Club Horizon. If it wasn't for Club Horizon, I would not have finished my GED so quickly. The program is the pinnacle of my life." – **Adam C.**

"They look at your ability not your disability." – **Kevin J.**

"Working side by side with staff and members helped me to control my anger and gave me the confidence to return to school." – **Linda M.**

Monarch's Club Horizon is a Psychosocial Rehabilitation (PSR) program that provides support and assistance for adults with diagnosis of serious and persistent mental illness. Providing services since September 2004, Club Horizon promotes recovery, self-reliance, and friendship through programs of rehabilitation and community support. The program is committed to the philosophy that individuals with even the most severe psychiatric illness are able to live in the community independently and be respected as neighbors, co-workers and friends.

Through participation in a Clubhouse, an internationally accredited program, people are given the opportunity to rejoin the world of friendships, family, work, education and to access the services and supports they need as they move toward greater independence. A Clubhouse is a safe, restorative environment for people who have had their lives drastically disrupted, and who need the support of others who believe that recovery from mental illness is possible for all. Each day Club Horizon offers opportunities for people with mental illness to contribute to something larger than themselves. We believe that each person has talents, skills and abilities they may use to enrich their lives and the lives of others. Together, members and staff of Club Horizon build confidence, face challenges and experience personal growth.





Monarch's Club Horizon

Services Provided

North Carolina's most trusted provider of support services for people with intellectual and developmental disabilities, mental illness, and substance abuse challenges.

Other Behavioral Health Services offered by Monarch in Wake County include:

Open Access

Outpatient Therapy and Psychiatric Services

Assertive Engagement

Peer Support (Adults only)

Transitional Employment is available when clubhouse members are ready for a vocational challenge. Developed and maintained by the clubhouse, transitional employment consists of part-time jobs in the community for a period of 6-9 months. Employment is the focus of the clubhouse – and 25 percent of members are currently working. Helping to identify a source of income for members is essential. Paid employment offers not only financial assistance, but also the opportunity for on-the-job skill development, stability and increased confidence.

Education is an important component of the program and is designed to assist members who are interested in accessing adult community education and academic opportunities. More than 15 percent of our members access these services that range from literacy programs to the pursuit of four-year college degrees.

Deaf Services are provided by Club Horizon, which is currently the only PSR program in the state of North Carolina that serves individuals who are deaf and live with mental illness. These participants make up approximately one-third of our average daily attendance.

Transportation is provided each weekday and Club Horizon provides more than 4,100 trips per year. Local transportation is limited so transportation provided by the program includes travel to work, school, shopping, social activities and much more.

Advocacy is defined as public support of a particular cause or purpose. Club Horizon assists all clubhouse members on an individual basis with all major aspects of their lives. We help them to identify and achieve what is important to them within political, economic and social systems and institutions. This also includes providing assistance with housing, disability services, social security issues and other social services support and transportation assistance challenges.

Housing assistance and support is provided on a weekly basis. Assistance is given to members from the application process to weekly community facilitation to provide continued support. Approximately 30 percent of our members maintain an apartment. Currently, we have a partnership with CASA and the North Carolina Key Program to ensure members have the opportunity to secure clean, safe and affordable housing.

Socialization is very important to the program. Members volunteer at the program daily, and this provides an opportunity for socialization. Additionally, the club hosts regular social events and community activities that facilitate numerous occasions for members to meet, greet and stay connected to one another and their communities.

Established in 1958, Monarch is a premier nonprofit that provides support to thousands of people with intellectual and developmental disabilities, mental illness and substance use disorders. The organization is nationally accredited by The Joint Commission. Monarch operates The Arc of Stanly County, which is a chapter of The Arc of North Carolina and The Arc of the United States.

