

What You Need to Know to Prepare for an Emergency

Emergency Preparedness Kit



- Contact information for important people and care providers
- Medications needed with dosage instructions; any allergies; medical supplies, batteries and chargers required
- Styles and serial numbers of medical and assistive devices
- Medicaid, Medicare or other insurance card copies
- Sign up for local alerts and warning systems
- Water and non-perishable food for you, your family or service animals

Network of Support Plan



- How will you communicate if you have a communication disability
- If you need evacuated, transportation arrangements
- Plan for bringing assistive devices

Power Outage Prep



- Take an inventory of necessary items that rely on electricity
- Talk to a medical provider about how a power outage could affect your medical devices powered by electricity and refrigerated medicines
- Plan for batteries and other alternatives to meet your needs during an outage

Emergency Shelter



- Basic water, food and sanitary facilities will be provided
- Bring your **Emergency Preparedness Kit** plus items to keep you busy like books, games or personal electronic devices including chargers
- Due to confined space, cooperation with the shelter managers is critical

Visit the following websites for detailed information:

readync.org

fema.gov

redcross.org

ready.gov